

# MCMH + CLINICS CAFETERIA MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
JAN 20—26	<b>Soup of the Day:</b> <i>Broccoli Cheese</i> Beef and Noodles, Blackened Haddock Mashed Potato, Gravy Wild Rice, Corn Honey Glazed Carrots Scotcharoos Italian Wedding Cake	Carolina Gold Pulled Pork Sandwich Beef & Broccoli Orange Chicken White Rice, Egg Roll Stir Fry Vegetables Asparagus Oreo Delight Monster Cookie	<b>Soup of the Day:</b> <i>Chili</i> Parmesan Crusted Chicken, Hot Dog Bar Garlic Parmesan Orzo Tater Tots, Broccoli Crinkle Cut Carrots Pumpkin Bar Chocolate Pudding Parfait	Wing Day Ham Balls Lemon Pepper Cod Hash Brown Casserole Roasted Baby Bakers Country Green Beans Jiffy Corn Bake Apple Crisp Texas Brownie	<b>Soup of the Day:</b> <i>Vegetable Beef</i> Breaded Pork Tenderloin, Oven Roasted Chicken, Curly Fries, Gravy Mashed Potatoes Mixed Vegetable Roasted Brussels Red Velvet Cake Fluffer Nutter Pie	Spaghetti w/ Meat Sauce Fish Sandwich Garlic Bread French Fries Zucchini, Cole Slaw Bread Pudding Cherry Pie Bar	Fried Chicken Scalloped Potatoes w/Ham Mashed Potatoes Gravy Corn, Harvard Beets Magic Bar Blueberry Muffin
JAN 27—FEB 2	<b>Soup of the Day:</b> <i>Minestrone</i> Meatloaf, Fried Pollock Mashed Potato, Gravy Roasted Yukon Gold Potatoes Green Beans California Blend Strawberry Pretzel Bar Peanut Butter Cookie	<b>Taco Tuesday:</b> <i>Beef or Chicken Tacos</i> Chili Lime Pork w/ Pineapple Salsa Tuna & Noodles Potatoes O'Brien Texas Toast Refried Beans, Peas Carrot Cake Applesauce Jello	<b>Soup of the Day:</b> <i>Ham &amp; Bean</i> Roast Beef/Hot Beef Thai Crispy Chicken Sandwich, Mashed Potato, Gravy, Honey Cornbread, Fried Green Beans, Corn Marshmallow Chocolate Poke Cake Berry Cup	Philly Cheese Steak Sweet Chili Salmon Chicken Stir Fry White Rice Garlic Bread Stir Fry Vegetables Zucchini Revel Bar Sugar Cookie	<b>Soup of the Day:</b> <i>Chicken Tortilla</i> Chicken/Steak Rice Bowls, Ravioli w/ Garlic Cream, Cilantro Lime Rice, Brown Rice Black Beans, MexiCorn Fajita Vegetables Garlic Knots Pecan Pie M&M Cookie	BBQ Chicken Tater Tot Casserole Twice Baked Potato Texas Toast Crinkle Cut Carrots Peas Banana Cake Peanut Butter Bar	Beef & Noodles Chicken Strips Mashed Potatoes Gravy Cheeseballs Buttered Corn Green Beans Cheesecake Breakfast Cookie
FEB 3—9	<b>Soup of the Day:</b> <i>Zuppa Toscana</i> Chicken Pot Pie Rueben Rice Pilaf Sweet Potato Fries Broccoli Roasted Cauliflower Scotcharoos Italian Wedding Cake	Walking Tacos Baked Rigatoni w/ Italian Sausage Roasted Salmon Garlic Knots Roasted Baby Reds Roasted Zucchini Vegetable Medley Oreo Delight Monster Cookie	<b>Soup of the Day:</b> <i>Tomato</i> Yankee Pot Roast Grilled Cheese Mashed Potatoes Herbed Butter Noodles Maple Glazed Carrots Buttered Peas Pumpkin Bar Chocolate Pudding Parfait	Chicken Gyro Goulash Pork Souvlaki Lemon Rice Scalloped Potatoes Green Beans Grilled Vegetables Apple Crisp Texas Brownie	<b>Soup of the Day:</b> <i>Potato Bacon</i> Chicken Fried Steak French Onion Chicken Mashed Potato, Gravy Roasted Sweet Potato Corn Balsamic Roasted Brussels Sprouts Red Velvet Cake Fluffer Nutter Pie	Lasagna Chicken Malibu Sandwich Garlic Bread Curly Fries California Blend Peas Bread Pudding Cherry Pie Bar	Salisbury Steak Baked Ham Mashed Potatoes Gravy Scalloped Potatoes Corn Green Bean Casserole Magic Bar Blueberry Muffin
FEB 10—16	<b>Soup of the Day:</b> <i>Sausage &amp; White Bean</i> Roast Turkey Hot Turkey Sandwich Spaghetti & Meatballs Mashed Potato, Gravy Stuffing, Breadstick Broccoli, Carrots Strawberry Pretzel Bar Peanut Butter Cookie	Beef Taco Salad Chicken Cordon Bleu Honey Garlic Salmon Roasted Baby Bakers Yellow Rice Asparagus Cauliflower Carrot Cake Applesauce Jello	<b>Soup of the Day:</b> <i>Chicken Noodle</i> Beef Stroganoff Honey Mustard Pork Tenderloin, Butter Noodles, Mashed Potato, Gravy, Cream Peas, Catalina Blend, Marshmallow Chocolate Poke Cake Angel Food Cake w/ Strawberries	Build Your Own Burger Bar Fried Fantail Shrimp Bourbon Glazed Chicken Garlic Fried Rice Crinkle Cut Fries Green Beans Harvard Beets Revel Bar Sugar Cookie	<b>Soup of the Day:</b> <i>Beef Stew</i> Chicken Strips Casino Cod Macaroni & Cheese Mashed Potato, Gravy Corn Roasted Zucchini Pecan Pie M&M Cookie	Hot Honey Chicken Sandwich Stuffed Peppers Sweet Potato Fries Garlic Toast Broccoli Cauliflower Banana Cake Peanut Butter Bar	Chicken Fried Steak Bourbon Glazed Pork Tenderloin Mashed Potato, Gravy Baked Potato Green Beans Carrots Cheesecake Breakfast Cookie